



NEWS LETTER

October - December 2025



Province of St. Ann
Northern India

Message of the Provincial Superior

Dearest Sisters,

As we welcome the second edition of Province Newsletter, I write to you with much affection and gratitude. The past months have been a beautiful testimony of how our Charism continues to live and breathe through each of you through our presence, ministry, and faithful witnessing in the various corners of our mission. Thank you for keeping alive the spirit entrusted to us, and for allowing it to inspire hope in the people we serve.

This January issue of the Newsletter is enriched by your thoughtful write-ups, reflections, and mission updates. Your contributions highlight not only the diversity of our apostolic commitments but also the unity of heart that binds us as a Province. I sincerely appreciate the time, effort, and creativity that each of you has offered to make this Newsletter meaningful and inspiring.

The dawn of a new year is like a blank slate, awaiting the touch of our creative strokes. As we step into this New Year, may it be for all of us a season of renewed vigour and enthusiasm. May the Lord grant us the grace to embrace new possibilities, to develop new fraternal bonds, and to continue serving with generosity and kindness. Let us journey forward, confident that the same Spirit who guided our Founders and Mother Enrichetta continues to animate us today. Let this year be a testament to the beauty we can craft together, rooted in Christ and inspired by the Holy Spirit. This year we joyfully launch our Province Website, a window into our life and mission. I invite you to visit: <https://provinceofstannorthernindia.com/>

Wishing each of you a blessed, grace-filled, and truly meaningful New Year!

With warm regards and prayerful wishes,

Sr. Ashly Jose
Provincial Superior

Radiant Futures: Empowering Young Women Through Beauty Training



“I can do all things through Christ who strengthens me.” – Philippians 4:13

For two long years, the young women of our village nurtured a shared dream: to pursue a beauticians’ course. Their voices were persistent, their desire unwavering. A committed teacher even stepped forward, ready to guide them. Yet despite the clear need, we hesitated unsure of how to begin.

Then came a turning point. During Provincial Superior, Sr. Ashly’s visit, we shared this heartfelt aspiration. Moved by the community’s plea, the provincial team responded without delay, granting their full support. Our joy was immediate, and we set out to transform this long-held dream into reality.

The beauticians’ training program officially commenced with seven enthusiastic students. The radiant joy on their faces that day was unforgettable a powerful reminder of what hope, patience, and faith can achieve.

This three-month course is designed to be accessible and practical. Students attend for two hours daily, gaining hands-on skills and professional guidance. Upon completion, they will receive a certificate and have the opportunity to receive a starter kit equipping them to launch their own small businesses.



This training is more than just a skill it’s a gateway to independence. It empowers these young women to earn a livelihood, support their families, and serve their community. Their expertise will be cherished during weddings, festivals, and other special occasions where beauty and celebration go hand in hand.

We thank God for this opportunity to uplift and empower the youth. We believe that in the months ahead, even more young women will join this journey, ready to embrace a brighter future. Witnessing this dream come to life is a true blessing and only the beginning.

**St. Ann convent,
Aramada**



Waves of Grace: A Transformative Retreat in *Goa*

A group of 20 spirited Sisters from across the mission lands in India, that included Assam, Gujarat, Uttar Pradesh, Uttarakhand, Haryana, and Delhi, converged at New Delhi Railway Station on the 15th of October 2025, our enthusiasm and laughter filling the air. United in purpose, we boarded the train to Goa, eager to embark on a transformative journey.

Xavier Retreat House, Baga: A Haven of Serenity

Nestled in a tranquil setting, the Xavier Retreat House proved to be the perfect haven for introspection and spiritual growth. The serene Baganjuna Beach, with its rugged rock formations and gentle waves, provided a soothing backdrop for our six-day retreat. As we immersed ourselves in Ignatian Spirituality, the beauty of creation seemed to converge with the divine within us, kindling a deep thirst for spiritual exploration.

A Guided Journey of Self-Discovery

Under the expert guidance of Fr. Shannon Perreira S.J., we delved into the profound meaning of God's Word and its impact on our lives. Through meditation, contemplation, and spiritual colloquies, we gained a deeper understanding of our faith and its application in our daily lives. The wit and wisdom of our guide made the journey both enlightening and enjoyable.

Moments of Spiritual Significance

The daily Divine Mercy Adoration at 3 pm was a highlight, filling our hearts with devotion and peace. Our spiritual guides, Fr. Joseph and Fr. Antony, were always available for personal spiritual colloquy, adding depth to our spiritual growth.

A Time for Leisure

Beyond the retreat, we savoured the beauty of Goa. A leisurely walk along the sea shore, indulging in the local seafood, were moments of pure bliss.

Pilgrimage

Our pilgrimage to the beautiful and ancient Churches, where we venerated the relics of St. Francis Xavier, St. Joseph Vaz, and Blessed Agnelo, was a profound experience.

Gratitude and Appreciation

We extend our heartfelt gratitude to our Provincial Superior and all those who made this retreat a reality. Their vision and dedication have enriched our lives, leaving an indelible mark on our hearts. This retreat will remain a cherished memory, inspiring us to walk closer to the divine.

**Sr. Shaly Mathew,
Rajnikhand**





EVERY CHILD IS A SPARK OF HOPE

Every child is a gift from God, a spark of hope that lights up families, schools, and the world. Each child carries within a divine light, a promise of love, creativity, and kindness that can brighten even the darkest places. When we nurture children with love, education, and faith, we help that spark grow into a radiant flame that transforms society.

The Children's Day Celebration was joyfully held in the premises of Asha Kiran, Varanasi, on 14th November 2025 by inviting children from our neighbourhood and nearby villages. Total number of participants was 120. The atmosphere was filled with laughter, energy, and excitement as the young ones gathered to celebrate this special day dedicated to them.

The Resource person for the celebration was Fr. Roshan Tigga, accompanied by Fr. Wilson, MSFS, who graced the occasion with their encouraging presence. To welcome them warmly, our Aspirants presented a delightful song, filling the air with joy and gratitude. The highlight of the program was a short skit depicting a scene from an Old Age Home. Through this performance, the children beautifully portrayed the loneliness and pain experienced by elderly parents, who often long for love, care, and respect from their children. The message of the skit deeply touched everyone's heart, reminding the audience of the Christian values of compassion, gratitude, and filial love. It encouraged the young

ones to honour and care for their parents and elders.

After the performance, Fr. Roshan addressed the children, giving them a meaningful message. He encouraged them to focus on three important values in life namely study diligently, work hard, and move forward steadily toward your goal. His words inspired every child to believe in themselves and to never give up on their dreams. To add more joy and excitement, three fun games were organized for the children. The winners of each game received prizes bringing smiles to their faces and a sense of achievement to their hearts. The celebration concluded with light refreshments for all. The children returned home happily, carrying in their hearts the joy and love they experienced throughout the day.

**Asha Kiran,
Varanasi.**



Umbrellas of Hope: Inspiring Young Souls in Ahmedabad



With hearts overflowing with gratitude, we, Sr. Amarbeli Tigga and Sr. Hemlatta Peter thank God Almighty for granting us the opportunity to go on a vocation promotion trip from 27th October to 30th October and 1st and 2nd November 2025. This task is filled with challenges, but we know God's guiding hand is in our lives.

Our mission was very clear to us: to reach out to young girls and invite them to the profound calling of religious life.

As we set out on this journey, the skies opened up, and heavy rains began to pour in Ahmedabad city. Yet, we viewed this weather not as a hindrance but as a divine blessing—a reminder that God's grace is often found in unexpected places. With umbrellas in hand and determination in our hearts, we ventured forth, though I had a fall and sustained a small injury but still ready to meet families and share the inspiring stories of our Congregation and our personal vocation.

Many a time we make the mistake of meeting girls in groups that leads to diminished response so this time we used a different strategy. Our first step was to connect with parents, knowing that their support would be crucial in nurturing their daughters' interest in a religious vocation. As we visited each home, we were greeted with warmth and kindness. The conversations flowed easily, filled with laughter and heartfelt exchanges. Parents listened intently, sharing their hopes and dreams for their daughters while expressing their gratitude for our visit. Their positive support filled our spirits, encouraging us to continue our mission with renewed vigour.

The young girls we met were a source of inspiration themselves. Despite the relentless rain, they gathered around us, eager to listen to our stories of faith and service. Their eyes sparkled with curiosity and excitement as we shared our experiences and the joys of living a life dedicated to God. It was heartwarming to see their desire to learn more about the beautiful path of religious life.



As we journeyed from house to house, we were welcomed with open arms. The youth were especially enthusiastic, accompanying us through the rain-soaked streets. We changed rickshaws and six seaters multiple times and even travelled on the metro trains, each ride filled with laughter, the journey worthy of all the struggles in view of the bright future envisaged.

As we ended the trip and returned to our respective Communities, we firmly believe that He who accompanied us on this beautiful journey has begun His work in the hearts of the young girls that will bear fruit in its own time for His greater honour and glory.

**Sr. Hema Peter,
Mehmedabad**



A Journey of Joy: Aspirants' Day of Bonding and Blessings



It was a bright and cheerful morning when we, the aspirants, set out on 18th October 2025 a day our much-awaited day of outing along with our sisters. With hearts full of excitement, we began our journey at 7:00 a.m., ready to explore and experience a day filled with joy and togetherness.

Our first visits were to our two communities - Varavala and Arambhada, where we were warmly welcomed by the sisters. Their smiles and hospitality made us feel right at home. We also had the chance to explore nearby places like the Shivrajpur Beach, Mithapur Church and Hospital where our sisters served for many years, Sudarshan Setu Bridge and the famous Church of Our Lady of Lourdes, Okha, each spot filled us with awe and gratitude for God's beautiful creation.

The highlight of the day was the delicious lunch we enjoyed at Arambhada, lovingly prepared and served by our sisters. Their care and kindness truly reflected the motherly love of our family.

We are deeply grateful to Sr. Jessy Peter, the Animator of our Community, and to all our dear Sisters for giving us this wonderful opportunity. The day was not just an outing; it was a journey of joy, bonding, and blessings that we will cherish in our hearts forever.



Student Aspirants,

**St. Ann's Convent,
Jamnagar**

PILGRIM PATH OF JOY: A JUBILEE OF EMPOWERMENT

“Those who hope in the Lord will renew their strength” (Isaiah 40: 31)

The golden glow of the Church’s Jubilee Year brought not only prayers and thanksgiving but also a wave of empowerment and celebration to the village. The Diocese of Ahmedabad organized a Deanery level Garba competition on 19th of October 202. Among the most inspiring sights was the enthusiastic participation of the poor women and daily wage earners in the grand Garba competition held in the honor of this milestone. What began as a festive event soon turned into a heartwarming symbol of faith and unity, to build a better world.

Every evening, after finishing their long hours of labor in the fields, at the construction sites, and small workshops, these women would gather in the Church courtyard. With tired hands and weary feet, leaving behind all their worries and struggles, and putting on bright traditional dresses, colorful bangles and radiant smiles, they danced on the Pilgrim Path to glorify God their Creator and Provider. Their laughter filled the air as they practiced the Garba steps, encouraging each other and sharing moments of joy that reminded them of their strength and purpose.

The Jubilee year thus became a true festival of faith and empowerment.

**St. Ann’s Convent,
Mehmedabad**



Rooted in Faith, Driven by Wisdom: Perks from 56th AINACS Convention



I was privileged to attend the 56th AINACS (All India Association of Catholic Schools) NATIONAL CONVENTION & GBM from 7th to 10th October 2025, held at Park Regis Convention Centre, Arpora, North Goa. It was a remarkable & enriching event that brought together around 1,100 educators & administrators from various Catholic Institutions across the nation. It served as a vibrant platform for sharing ideas, experiences and best practices in the field of education.

The theme of the convention was “Compassion & Wisdom driven Leadership: Effective Stakeholder Management in Catholic Schools”. It focused on promoting value-based education, leadership & innovation in our Schools. The sessions were led by eminent speakers and educationists like Cardinal Philip Neri Ferrao, Rev. Bp. Simiao Fernandes, Rev. Elias Gonsalves, the Archbishop of Nagpur, Dr. Joseph Emmanuel, Secretary CISCE New Delhi, Mr. John Michael Cunha, a former Judge, Mr. Shubhanshu Shukla, an Astronaut who went into space recently, Dr. Gaurav Kapoor, an Education Consultant, Mr. Roshan Mathew, an Actor to name a few, who spoke on topics such as holistic development, moral education, legal matters pertaining to Education and Minorities, Synodal styles in the Apostolate of Education, Exploring Frontiers: The convergence of Space, Education and Industry, the challenges we face in the present political scenario and the role of Christian Institutions in nation- building. The convention opened with an inspiring and soul stirring inaugural Mass, followed by interactive sessions, panel discussions and cultural presentations that highlighted the need to adopt a compassion and wisdom driven approach to bring about a changed mind set in us as educators and in our students.

Attending the AINACS National Convention was truly an enlightening experience. It reaffirmed the importance of education rooted in faith, compassion, service and excellence. The event concluded with a renewed sense of commitment to uphold the ideals of Christian education & to continue working towards the holistic growth of students and the school community.

**Sr. Alice Joseph,
Jamnagar**

One Flame, Many Hearts: A Celebration of Light and Love



We, the Community of Asha Kiran, Varanasi, joyfully celebrated the festival of Diwali with our Hindu brethren in a village called Chiraeeya Chouk on 28-10-2025. The central theme of our celebration was **“When We Light One Lamp, We Light Many Hearts”** Light is a sacred and universal symbol that dispels darkness, brings hope, and fills hearts with peace and joy. It reminds us that

even a small flame can brighten the darkest corner. Each of us is called to become a light for others spreading love, kindness, and harmony wherever we go.

The celebration began with a short introduction and a prayer song invoking God’s blessings for peace and unity among all people. Sr. Sharda beautifully highlighted the deeper meaning of light, explaining that it is not only the light of lamps but the light within our hearts that truly brightens the world. She invited everyone to remove the darkness of hatred, selfishness, and fear, and to shine with the light of love, service, and faith.

Sr. Catherine further shared how each person, regardless of religion or culture, can become a torchbearer of goodness and hope in society. Her words encouraged everyone to live in mutual respect and to see God’s presence in one another. The most touching moment came during the diya lighting ceremony. As lamps were lit one by one, the room glowed with the warmth of the light, symbolizing unity and shared joy. Everyone joined in singing the song “Jyoti tumhari satat jalegi, aya hun ujala lene”, filling the atmosphere with melody, peace, and gratitude.

Around 70 participants took part in the celebration with enthusiasm and joy. The event concluded with refreshments. Each participant went home carrying their own light—both symbolically and spiritually—and the resolve to extend that light to others in daily life.

At the end of the programme, we expressed our wish that the festival of Diwali may always remind us that light conquers darkness, truth triumphs over falsehood, and love overcomes every division. Together, let us keep our lamps burning brightly to create a world of peace and harmony.

**Asha Kiran,
Varanasi**

Beyond Limitations: A Celebration of Courage and Care



The World Disabled Day was celebrated at Rudrapur on December 6, 2025, led by Sr. Bilasi Baxla. Twelve differently abled children and their parents attended the event. Guest speakers included Mr. Shantanu from Suchetna, Diocesan Social Work Centre, and Dr. Pankaj a physiotherapist from Rudrapur, who shared their insights. Mr. Shantanu guided the parents on how to care for their children and offered free placement opportunities at a Centre in Haldwani. Dr. Pankaj examined the children, and demonstrated exercises that the parents could use for them.

**St. Ann's Convent,
Rudrapur**



Legacy of Light: Foundation Day with LASA



The Congregation's Foundation Day on 10th December 2025 was celebrated with great fervor in the Rudrapur Community, with the members of LASA joining the festivities.

Key Highlights:

Spiritual Reflection: The celebration began with a meaningful prayer conducted by Sr. Bilasi Baxla, the Spiritual Directress.

Founders' Legacy: Sr. Jessy Mathew shared insights into the lives of the Founders, reflecting on their mission and impact.

LASA Assessment & Recommitment:

Sr. Jessy posed questions to assess the LASA members' understanding after five years of involvement.

She also reiterated the core objectives and mission that LASA members are called to uphold.

Members were encouraged to move forward in their preparation to take the Promise, marking a deeper commitment to the association.

Fellowship: The celebration concluded with a period of fellowship where tea and snacks were served to all participants.

This event served as both a celebration of the Congregation's roots and a significant step in the ongoing formation and commitment of its LASA members.

**St. Ann's Convent,
Rudrapur**



Five Mantras for Life: Christmas Celebration at Mohanlalgunj

Christmas celebration with the employees of St Ann's hospital, Mohanlalgunj was held on 23/12/2025. Fr Ashok Kujur, Rector of Don Bosco Technical Institute, Mohanlalgunj was the resource person.

In his message he placed five mantras for life:

1. Be grateful in life
2. Live your life keeping your end in mind
3. Forgive and forget
4. Pray
5. Take responsibility for your life.



He appreciated the hospital personnel saying that God is the giver of life and the hospital team puts in all their efforts to save a life.

Sr Sangeeta thanked the staff for their willingness to care for the patients joyfully. Sr Helen distributed packets of Christmas snacks and all of us spent some time together enjoying the refreshments.

**St. Ann's Convent,
Mohanlalgunj**



A Christmas Drive that Warmed Hearts

“Helping one person may not change the world, but it changes the world for that person.”



Our Christmas Drive was not just a mere distribution of essentials, but a heartfelt attempt to foster a sense of belonging and dignity among those who need it the most.

The spirit and joy of giving came alive in Mahunagar, as St. Mary’s Senior Secondary School, Rampur organized a comprehensive welfare drive for the people of Mahunagar on 18th December 2025. The day began with a burst of energy and enthusiasm, as joy was ignited through various plays and games for the underprivileged children. To support their nutrition and hygiene, they were distributed grains, pulses, biscuits, bathing and washing soaps, ensuring that their basic needs were met.

With warmth and gratitude, recognizing the silent pillars of our Institute, warm blankets were distributed to the support staff of St. Ann’s School, Mahunagar. This gesture of warmth was extended to differently abled individuals too, ensuring that they were protected against the winter chill. Our grassroot level efforts reached the doorsteps of the local poor and small-scale shopkeepers, providing them with essential food grains and pulses, and reminding them that they were not alone. As the saying goes: We make a living by what we get, but we make a life by what we give. By sharing our resources, we did not just give materials, we shared hope, warmth, and the message that every individual in our society matters. Our Christmas Drive was a testament to this philosophy, and we are grateful to have had the opportunity to make a difference in the lives of those who need it the most.

**St. Mary’s Convent,
Rampur**

Servant Leadership in action: Insights from Refresher Program for Superiors

The Refresher Program organized by the CCBI Commission for Vocations, Seminaries, Clergy, and Religious at Shanti Sadan, Benaulim, Goa from 29th September 2025 to 4th October 2025 was a profoundly enriching encounter marked by renewal, reflection, and fraternity. Sr. Rosily Paul and Sr. Molly Kuriakose, from Northern Province, India attended it. Anchored in the theme “Community - Missionary Animation and Leadership,” it sought to reignite the spiritual and pastoral fervour of superiors entrusted with nurturing and animating communities in faith and mission. Over six days, the program unfolded as a sacred pilgrimage, an invitation to rediscover the joy of consecrated life, to deepen missionary commitment, and to foster leadership firmly grounded in the Gospel spirit. Through prayer, Eucharistic celebrations, thought-provoking inputs, interactive workshops, and communal discernment, participants were led to re-examine their leadership styles, strengthen bonds of fraternity, and respond with creativity and courage to the evolving challenges of religious life.

Highlights and key learnings:

1. Personal Renewal: From Self-Concern to Christ-Centred Living

The sessions underscored that true leadership begins with inner renewal. Participants were encouraged to deepen their intimacy with Christ, move beyond comfort zones, and embrace a spirit of gratitude, simplicity, and authenticity. The call was to transform routine into reverence, complaints into gratitude, and passivity into purposeful action.

Practical Insights:

Start each day with silence and reflective prayer.

Make gratitude a daily practice.

Balance contemplation with creative action.

Let humility and transparency guide every decision.

2. Community Life: From Co-existence to Communion

Community was depicted not simply as a shared space, but as a school of love and authentic fraternity. Through meaningful sharing, participants realized that genuine communion demands empathetic listening, mutual respect, forgiveness, and shared responsibility. Leadership, therefore, is not about control but about accompanying others with humility and service.

Practical Insights:

Listen openly and correct privately with love.

Value diversity realizing that each member is a gift.



Foster shared responsibility and co-responsibility.

Create simple joys through shared meals, recreation, and prayer.

3. Pastoral and Missionary Zeal: From Maintenance to Mission

The program rekindled a vibrant missionary mindset - shifting from maintenance to true mission. Participants explored creative ways to evangelize through compassion, presence, and adaptability, including the wise use of digital media. The call was to live as missionary disciples, becoming signs of hope in a changing world.

Practical Insights:

Use digital media effectively for evangelization.

Prioritize people over structures.

Adopt innovation and courage to meet new needs. Accompany families, youth, and the marginalized with empathy.

4. Psycho-Spiritual Integration and Emotional Maturity

Participants explored integrating emotional intelligence with spirituality. True leadership demands self-awareness, openness to feedback, and resilience.

Practical Insights:

Cultivate self-awareness and emotional balance.

Use silence and reflection as tools for healing and discernment.

Transform challenges into opportunities for growth.

5. Tools for Joyful and Effective Leadership

The workshop identified fairness, confidentiality, and transparency as pillars of healthy communities. The superior's role was reimagined as a shepherd and

companion - guiding with wisdom, nurturing with compassion, and leading through humble witness.

The Do's: -

Be inclusive, fair, and empathetic.

Empower and appreciate all.

Lead by example (prayer & simplicity).

Foster joy through kindness.

The Don'ts: -

Favouritism, gossip, or public correction.

Authoritarian or harsh rule.

Neglect of others' feelings.

6. The Legacy of Servant Leadership: -Veteran superiors highlighted leadership as love in action. They demonstrated that gentle, trusting authority nurtures community freedom. Their legacy of openness and missionary zeal continues to inspire the journey of consecrated life.

Conclusion

The participants of the Refresher Programme found it to be a profound time of grace, revitalizing the beauty of community, prayer, and service. It also kindled in the participants a new vision of leadership defined by loving service, compassionate listening, and humble guidance. Empowered by the Holy Spirit and the Good Shepherd, they pledged to return as emissaries of peace and unity-fostering communities where justice is strong, love is visible, and joy is shared.

**Sr. Molly Kuriakose,
St. Mary's Convent,
Civil Lines.**

Carols, Community and Christ : A Celebration of Joy and Peace



As Christmas approached, we, the Sisters at Sant Anna Bhavan, Kokrajhar, felt inspired to celebrate the true spirit of the season by purifying our hearts through sacrifices and penance. With the amount saved and collected, we aimed to share our joy with those in need. We identified three deserving families - two with motherless children and one with a fatherless child - and decided to extend our love and support. On 23rd December 2025, we invited them to join us in sharing our joy, peace, and happiness and distributed provisions to them. It was a heartwarming experience, and we are grateful for the opportunity to spread Christmas cheer.



Sacred Pathways: A Pilgrimage Toward Deeper Discipleship

Retreat cum Pilgrimage at Chennai



Retreat cum Pilgrimage at Dhyanashram, Chennai from 14th November to 22nd November 2025 ignited the 18 sisters to a New Vision. A Profound Retreat, anchored in the challenging prayer ‘Disturb us, O Lord, disturb us’ has stirred the participants to embrace a deeper, more committed Christian Life. The spiritual journey, which combined intensive self-reflection with visits to the hallowed sites of Chennai and Velankanni, aimed to cultivate “The mind of Jesus” and propel the retreatants into a future of purpose and mission.

Key Themes of the Retreat:

Self & Jesus Analysis: The sessions delved into the theme - ‘beyond introspection’, urging retreatants to move beyond comfort zones and to adopt a posture of self-emptying, mirroring Christ’s humility.

Challenging Worldly Idols: Participants were confronted with the prevalent traps of individualism, consumerism & materialism. The teachings of Mother Teresa & Pope Francis were continuously cited as examples of lives lived in stark contrast to comfort-seeking, challenging all to a life of service.

Mission & New Vision: A critical “Mission Analysis” session encouraged a new missiological vision for the future. The inspiring words of Dr. APJ Abdul Kalam urging participants to “Dare to Dream”, provided a powerful metaphor for envisioning a renewed spiritual future for India.

The cost of Discipleship: The reality of denying oneself & the inherent “Cost of Discipleship” was thoroughly explored.

The Cross & Spirit Analysis: The Retreat unpacked the various “types of crosses” in life, using the resilience of St. Teresa of the Child Jesus & the martyrdom of

Mahatma Gandhi, to illustrate the depth of sacrifice and commitment required.

Practical synthesis: The focus shifted to Jesus' 'out of the box' Wisdom, pushing participants to become problem solvers rather than part of the problem.

A Journey Through Holy Ground

The spiritual analysis culminated in a Pilgrimage. Retreatants experienced a deeply prayerful atmosphere while visiting the significant shrines of St. Thomas, the Apostle in Chennai and the Pilgrimage Center in Velankanni dedicated to Our Lady of Good Health. The experience left everyone blessed, renewed & transformed.

The retreatants expressed profound gratitude to the Provincial Superior & the entire team for orchestrating the Retreat that was both spiritually enriching and challenging.

We conclude with the touching words of Fr. Jerry Rosario SJ, the retreat guide - "The ultimate measure of a man is not where he stands in moments of comfort and convenience but where he stands at times of challenge and controversy".

**Sr. Ranjan Macwan,
Holy Angels Convent,
Baruch**



INTER SCHOOL SPORTS MEET: A CELEBRATION OF TALENT AND TOGETHERNESS

A grand Inter School Sports event was organised by the Province from the 6th to the 8th of November 2025 at St. Mary's School, Rudrapur. It was a remarkable celebration of energy, enthusiasm, and togetherness.

Various Schools of St. Ann's Province, Northern India, participated in this spectacular event, showcasing their talent, discipline, and sportsmanship. It was indeed a wonderful opportunity for all of us to unite under one banner, strengthening the bond of fraternity among the St. Ann's family. The event beautifully reflected the values of unity, cooperation, and integrity that define our Institutions.

Every segment from the march past to the exciting track events and captivating team games was conducted with perfection and grace. A special note of heartfelt gratitude goes to Sr. Ashly Jose, the Provincial Superior of Northern India and Sr. Jessy Mathew, the Education Coordinator for their constant guidance, motivation, and support which made this grand event a resounding success. Such events will definitely continue to strengthen the Annites' Spirit in every endeavour. A sincere thanks to the Management of Rudrapur School for their hospitality and meticulous organisation of the Inter School Sports Meet.

**St. Mary's School,
Rudrapur**











Echoes of Bethlehem: A Symphony of Love and Peace

“CHRISTMAS IS NOT MERELY A SEASON, BUT A SACRED FEELING THAT FILLS HEARTS WITH LOVE, PEACE, AND HOPE.”

Music, when blended with healthy competition, becomes a powerful medium to express unity and excellence. With this beautiful spirit and the belief that competition brings out the best when guided by harmony and purpose, a Carol Singing Competition themed ‘Beats of Bethlehem’ was organised on 13th December, 2025 by the Province of St. Ann, Northern India, for the teachers of the Schools of Uttar Pradesh and Uttarakhand (offline mode) and for Assam and Gujarat regions (online mode). The offline program was held at St. Mary’s Senior Secondary School, Buddhi Vihar, Moradabad.

The programme began with a heartfelt prayer service followed by a beautiful prayer dance, creating a truly celestial ambience and setting a reverent and joyful tone for the event.

A total of 10 Schools from Uttar Pradesh and Uttarakhand participated enthusiastically in the offline competition and 5 from Gujarat and 2 from Assam participated online. Each team presented soulful and melodious Christmas carols that filled the atmosphere with devotion and festive cheer. Their presentations and stage exhibit during the performances were thoughtfully designed and perfectly suited to the celebration of the birth of Baby Jesus. Through their unique costumes, impressive props, harmonious expressions, and melodious singing, all the teams beautifully conveyed the universal message of love, peace, and joy.

The performances mesmerised the judges as well as the entire gathering. To ensure impartial and fair judgement, all participating teams were identified by special titles instead of their School or City names.

While many creative competitions have been organised for students in the past, this event was unique as it gave teachers the privilege of showcasing their talent. All participating teams proved that teachers are no less vibrant or talented than the younger generation. They seized the opportunity with enthusiasm and justified their artistic supremacy through outstanding performances.

A sudden rise in excitement and anticipation was felt as the results were announced. Each individual member of the winning teams was honoured with a beautiful token of appreciation.

After celebrating their success with joyful cheers and capturing memorable photographs, all participating Schools with their team members were invited for lunch. The warm and gracious hospitality extended by the hosting School

Management was truly commendable.

The event concluded on a note of joy, gratitude, and fulfilment. The day truly added a glorious page to the remarkable history of the Province, strengthening bonds of faith, unity, and artistic excellence among the St. Ann's group of Schools.

“May the melody of Christmas continue to echo with love, peace, and goodwill.”

**Sr. Jessie Mathew,
Rudrapur**











HEALING HANDS, OPEN HEARTS: LASA'S GIFT TO RUDRAPUR COMMUNITY

The LASA group of Rudrapur organized a medical camp on 14th December 2025 in the campus of the parish Church, dedicated to serving the parish members and the wider community. The initiative aimed to provide healthcare access to individuals who face financial barriers to approach private medical practitioners. Supported by a professional team including a physician and an ophthalmologist, the camp offered comprehensive check-ups and complimentary blood tests. The event was well-attended, and participants expressed sincere gratitude to the LASA members for their commitment to community service.

St. Ann's Convent,
Rudrapur



LOVE MADE VISIBLE

Christmas Celebration with Village Children



The Asha Kiran Community joyfully celebrated Christmas with the children and adults of the nearby village, together with the LASA Family on 22nd December 2025. The presence of the LASA members, their interest and collaboration were the most welcome factor in this celebration of Christmas joy. Nearly 200 participants gathered to rejoice in the birth of Jesus Christ, experiencing a celebration filled with joy, faith, and togetherness.

The Sisters warmly welcomed everyone, creating an atmosphere of love and unity. The candidates enriched the celebration with melodious Christmas carols and inspiring cultural performances. Their songs and dances beautifully expressed the true message of Christmas i.e. love, joy, hope, and peace, touching the hearts of all present. Rev. Fr. Rojan, the Chief Guest of the day, addressed the gathering and encouraged the children and parents to live with strong values, unity, and hope. His message inspired everyone to face life with faith and positivity. The success of the celebration was the result of the collective effort of the Sisters, candidates, and LASA members whose joyful service reflected the true spirit of Christmas. This celebration was not merely an event, but a living witness of faith, unity, and compassion, especially for the children, the hope and promise of tomorrow. Through this meaningful celebration, may God bless every family in our village with good health, happiness, and peace. May His love unite us and strengthen our journey together.

Refreshments were later shared as all sat together like one family, celebrating unity beyond differences. All returned to their homes with smiling faces and renewed hope. This celebration was a living witness of faith, compassion, and togetherness, reaffirming Asha Kiran's commitment to nurturing young lives with love, dignity, and hope.

**Asha Kiran,
Varanasi**



World Day of the Poor—A Call to See, SERVE, AND SHARE

The Asha Kiran family came together with grateful hearts to prayerfully observe the World Day of the Poor on 23rd November 2025, responding to the Church’s call to recognize and serve Christ present in the poor. Inspired by the compassionate legacy and words of Pope John Paul II, “Be not afraid! Open wide the doors to Christ!” we were reminded that when we open our hearts to the poor, we open our hearts to Christ Himself.

“Whatever you do for the least of my brothers and sisters, you do it for Me.” - This Gospel verse became the heartbeat of the day, inviting us to move beyond charity alone and embrace a spirit of sharing our lives, time, and compassion with those in need. To mark this meaningful occasion, 20 underprivileged families from the surrounding community were invited to Asha Kiran. Each family was warmly welcomed with smiles, respect, and a heart-

touching song led by the Aspirants, creating an atmosphere of tenderness, acceptance, and hope. The presence of the families reminded everyone that each person carries sacred dignity and is deeply loved by God. Sr. Sharda, through her gentle words and prayerful reflection, encouraged all present to recognize God’s closeness in simplicity and solidarity. Her message echoed the truth that we are all God’s beloved children—precious, valued, and worthy of care and respect.

The Sisters and Aspirants stood together as one family, listening attentively to the stories, struggles, joys, and hopes shared by the families. This exchange of listening and presence became an act of compassion, where empathy replaced judgment and solidarity brought comfort. As a token of love and care, each family was given provisions and blankets, responding to their immediate needs and offering warmth and support. The grateful smiles on their faces became a powerful reminder that kindness multiplies joy and that simple gestures can bring profound hope.

The celebration of the World Day of the Poor reaffirmed our mission to be instruments of peace, justice, and God’s boundless love. We are called not only to serve the poor through material assistance, but also through companionship, respect, and a sincere commitment to walk with them on their journey of life. May this day inspire us to love more deeply, serve more joyfully, and live more faithfully, so that the light of Christ may continue to shine through all that we do.

**Asha Kiran,
Varanasi**



Founders Vision Alive: Serving the Poor with Love



Though we couldn't observe the World Day of the Poor on its designated date, we chose to honour its spirit on our Foundation Day that is on 10th December 2025, a day aligned with our founders' vision of compassion.

We prepared thoughtful packets containing essentials like grains, pulses, and toiletries, but instead of inviting the marginalized to our space, we decided to step into theirs. We visited the outskirts of the city, where families reside in makeshift shelter homes of plastic sheets and sparse belongings.

In these humble abodes, we met children and elderly parents, many of whom were ill or frail. The overwhelming joy they expressed as they received these basic necessities was priceless. Their gratitude filled our hearts, reminding us of the profound gift of giving.

This experience reaffirmed our commitment to sharing with the vulnerable, embodying the true essence of compassion.

**St. Ann's Convent,
Rajnikhand**



A Jubilee Journey of Rest and Renewal



It was a profound privilege for eighteen of us- the third group of retreatants to have received our special jubilee year package ie a retreat cum pilgrimage at the Salesian Retreat House, Bandel, Kolkata. Nestled in an atmosphere of sacred beauty at the foot of the shrine of Our Lady of Happy Voyage, recognized as a place of pilgrimage, the entire campus was permeated with the gentle aura of Our Lady's gracious presence. Her statue, placed high above the shrine, seemed to watch lovingly over all who came to her feet. Throughout the retreat days, we were drawn to visit her frequently and linger under her maternal gaze which offered solace, renewal and dep inner peace.

Within this Marian pilgrimage setting, the six days of retreat unfolded as a sacred journey of rest and renewal. The retreat began with the gentle invitation of Jesus from Mark 6:31-32, "Come away and rest for a while," through which Rev.Fr. Tushar Gomes ushered the retreatants into the true spirit of retreat—one of interior stillness, attentive listening, and openness to God's transforming grace.

Rooted in Ignatian spirituality, the days gradually opened into a deeper encounter with Christ through silence, prayer, and discernment. Eucharistic Adoration, guided morning meditations, the creative and devout praying of the Rosary, and the celebration of the Eucharist at the grotto of the Blessed Mother became privileged moments of grace. The simple yet powerful reminder, "God sees me," nurtured a steady awareness of living in the loving gaze of God.

As the retreat progressed, the inner journey deepened through three interwoven movements: recognizing disordered affections, learning to work patiently with them, and courageously allowing life to be reordered in Christ. These movements fostered honest self-examination and a growing interior freedom. In this light, the Gospel of Mark emerged as a Gospel of holy urgency, where "immediately" calls

the disciple to respond without delay—denying self, embracing the cross, and following Christ with an undivided heart.

Reflection on discipleship naturally led to a deeper understanding of suffering, not as a burden to be avoided, but as a privileged place of intimacy with God. Standing with Mary at the foot of the Cross as the beloved disciple became a quiet invitation to fidelity and trust. Through prayerful engagement with Scripture—especially the letters of St Paul, the Gospel of Luke, and the figure of Mary—the longing to belong wholly to Christ was rekindled, drawing hearts toward a sincere return to Him and a deeper life in the Holy Spirit.

As the retreat drew to a close, every dimension of religious life was gently illumined—community, prayer, apostolate, fidelity to the Word, and the Church’s wisdom on consecrated life. Throughout, there was a constant call to keep one’s gaze fixed on Christ, even amid life’s turbulence. The concluding meditation on Mark 11:1–10 lingered as a quiet grace, offering the image of humble availability: becoming like the donkey that carries Christ wherever He desires to go. With Christ as the true guide, this simplicity of surrender pointed toward the path that leads to fullness of life.

At the end of our six days retreat, we were blessed with yet another privilege of visiting the tomb of St. Theresa of Kolkotta. Standing in that sacred space, wrapped in silence and prayer, our hearts overflow with gratitude. For several among us, this moment marked the fulfillment of a long-cherished dream. In prayerful silence we entrusted our intentions at her resting place, and returned carrying with us renewed faith, humility and the quiet inspiration of her life of love and service.

Sr. Rani Cyriac
St. Ann’s Convent,
Roorkee



Home Coming

Alumni Meet 2025



With hearts filled with gratitude and joy, St. Mary's Senior Secondary School, Rampur hosted the Alumni Meet 2025 – “Home Coming” on 20.12.2025, welcoming the beloved alumni of batch 1965 to 2000 back to their second home. It was truly a blessed occasion where the past met the present under God's loving guidance. The event was held on the School campus with great enthusiasm, gratitude, and a spirit of togetherness. The School premises echoed with nostalgia as former students revisited classrooms and corridors which came alive with memories, laughter, and silent thanksgiving.

The programme began with a solemn prayer, humbly thanking the Almighty God for His unfailing grace and abundant blessings for safely gathering generations of St. Mary's students on the same sacred campus where their dreams once took shape.

The Principal, Sr. Jissy Sebastian extended a heartfelt welcome, expressing deep appreciation for the alumni for their continued love and support towards their Alma Mater, and for carrying the values of their second home in their hearts and lives.

Alumni members shared touching reflections of their school days, recalling the care, discipline, and guidance of the School Management and teachers who nurtured them with wisdom and faith. Many testimonies reflected how the lessons learned at St. Mary's shaped their character, career, and commitment to service. They acknowledged the role of this esteemed Institution and its teachers in laying a strong foundation for their personal and professional success.

Cultural performances by the students added colour and joy to the celebration. The highlight of the celebration was the value-based dance drama which beautifully



portrayed the journey of a Marian student through expressive movements, soulful music, and meaningful narrations. The performance reflected the essence of schooling at St. Mary's—discipline rooted in love, faith nurtured through prayer, respect for teachers, commitment to social service, and love for the nation. The dance drama depicted the value-based education imparted by St. Mary's. It served as a living reminder of how much the Institution not only imparts knowledge but also moulds hearts and character. Many of the alumni watched the dance drama with moist eyes, seeing their own school days come alive once again on the stage.

A moment of special reverence and gratitude was dedicated to honour senior alumni and retired teachers with mementos as tokens of love and gratitude. The presentation of mementos symbolized the School's heart felt acknowledgement of their invaluable contributions, selfless service, and life long association with St. Mary's. The applause that filled the hall was not merely ceremonial but an expression of respect and thanksgiving for the seeds they had sown, which continue to bear fruits across generations.

To add warmth and joy to the gathering, interactive games and fun activities like “musical hula hoop” and other games were thoughtfully organized for the alumni. These light- hearted moments brought youthful spirit, encouraged laughter, and excitement. The games created an atmosphere of ease and happiness allowing them to relive the carefree days of their school life and celebrate the joy of togetherness beyond years and responsibilities.

Towards the end, Sr. Jissy expressed her heartfelt gratitude to the alumni for graciously sparing their valuable time and making the day truly meaningful by being an integral part of the celebration. She mentioned that the presence of the alumni was not only a blessing for the School, but also a source of inspiration for the present students. Her words reflected deep appreciation, gratitude, and a prayerful hope that the bond between the School and the Alumni would continue to grow stronger with God's abiding grace.

The gathering concluded with a vote of thanks, fellowship and joyful interaction followed by dinner. The Alumni Meet 2025 – Home Coming was a memorable event that strengthened the bond between the past and present. It was not just a

reunion, but a sacred reminder that ONCE A MARIAN, ALWAYS A MARIAN — united in faith, gratitude, and love.

**Sr. Jisy Sebastian,
St. Ann's Convent,
Rampur**



In Loving Memory....

RIP	Relation	Name of the Sister
Mr. Binu	Cousin Brother	Sr. Sahly Mathew
Mr. Abhay Kumar	Brother	Sr. Dayavanthi Tirkey
Mrs. Shabitha Rodrigues	Niece – in - law	Sr. Flavia Monteiro
Mr. Vincent Philip	Brother – in - law	Sr. Jaseentha Peter
Mr. George	Brother – in - law	Sr. Alice Joseph



